

Unit-I

Introduction and history of Group Work

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Contents

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- Characteristics and significance of group
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- Characteristics of Social Group Work
- Purpose of Social Group Work;
- Historical evolution of group work with special emphasis on the Indian Context.
- Type of Groups: Treatment Groups, Task Oriented Groups and Developmental Groups.
- Type of membership - Time duration.

Definitions of Groups

- A group is the largest set of two or more individuals who are jointly characterized by a network by relevant communication, a shared sense of collective identity and one or more shared goal (Smith, 1967).
- There are three criteria suggested by this definition to call a group as a group:
 - Number of persons – more than one
 - Mutual or common relation
 - Similarity
 - Have a common purpose or objective
 - Interact with each other to accomplish their objective
 - Are aware of one another
 - Perceive themselves to be part of the group
- „ÄA§AçüvÄ „ÄAªÄ°Ä£ÄzÄ eÁ®, „ÄªÄÄÆ»PÄ UÄÄgÄÄw£Ä °ÄAaPÉAiÄÄ ¥ÄæeÉÕªÄÄvÄÄÛ MAzÄÄ CxÄªÄ °ÉaÑ£Ä °ÄAaPÉAiÄÄ UÄÄjUÄ½AzÄ dAnAiÄiÁV ægÄÆ|,Ä®ànÖgÄÄªÄ JgÄqÄÄ CxÄªÄ °ÉaÑ£ÄªÄåQÛUÄ½AzÄ PÄÆrgÄÄªÄÅzÄÄ UÄÄA¥ÁVzÉ (¹ävi, 1967).
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Definitions of Groups

- According to Muzafer Sherif a group has to be social unit consisting of a number of individuals interacting with each other based on certain elements:
 - Common motives and goals;
 - An accepted division of labour, i.e., roles,
 - Established status (social rank, dominance) relationships;
 - Accepted norms and values with reference to matters relevant to the group;
 - Development of accepted sanctions (praise and punishment) if and when norms were respected or violated.
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Characteristics

- A sense of we-feeling
- Common interest
- A feeling of unity
- Related to each other
- Common values
- Control of group
- Obligation
- Expectations
- Perceptions of membership
- Interdependency
- Goals
- Motivation
- Structured relationships
- Mutual influence

- ನಾವು ಎಂಬ ಭಾವನೆ
- ಸಾಮಾನ್ಯ ಆಸಕ್ತಿ
- ಏಕತೆಯ ಭಾವನೆ
- ಒಟ್ಟಿರಿಗೊಬ್ಬರ ಮಧ್ಯೆ ಸಂಬಂಧ
- ಸಾಮಾನ್ಯ ಮೌಲ್ಯಗಳು
- ಗುಂಪಿನ ನಿಯಂತ್ರಣ
- ನಿರ್ಬಂಧಗಳು / ಕಟ್ಟುಪಾಡುಗಳು
- ನಿರೀಕ್ಷೆಗಳು
- ಪರಸ್ಪರ ಕ್ರಿಯೆ
- ಸದಸ್ಯತ್ವದ ಗ್ರಹಿಕೆಗಳು
- ಪರಸ್ಪರ ಅವಲಂಬನೆ
- ಗುರಿಗಳು
- ಪ್ರೇರಣೆ
- ರಚನಾತ್ಮಕ ಸಂಬಂಧಗಳು
- ಪರಸ್ಪರ ಪ್ರಭಾವ

Significance of Group

- Improve mutual understanding.
- Improve performance of group members in the group activities
- It brings new ideas among group members to develop in a positive manners

Social Group Work /^aÀÈAzÀUÀvÀ ,À^aÀiÁdPÁAiÀÄð

- Social group work is a method of social work which develops the ability of individuals through group activities.
- It is a different way of helping individuals through group based activities and enhancing knowledge, understanding and skill.
- Social group work is concerned with the social development of individuals.

• ^aÀÈAzÀUÀvÀ ,À^aÀiÁdPÁAiÀÄð^aÀÄ
,À^aÀiÁdPÁAiÀÄðzÀ MAzÀÄ
«zsÁ£À^aÁVzÀÄÝ CzÀÄ UÀÄA¥ÀÄ
ZÀÄ^aÀnPÉUÀ¼À ^aÀÄÆ®PÀ
^aÀåQÛUÀ¼À Á^aÀÄxÀåð^aÀ£ÀÄß
C©üÃ^aÀÈçP ¥Àr,ÄÄvÀÛzÉ

• UÀÄA¥ÀÄ DzsÁjvÀ
ZÀÄ^aÀnPÉUÀ¼À ^aÀÄÆ®PÀ
^aÀåQÛUÀ½UÉ ,À°ÁAiÀÄ
^aÀiÁqÀÄ^aÀ ^aÀÄvÀÄÛ eÁÕ£À,
w¼ÀÄ^aÀ½PÉ ^aÀÄvÀÄÛ
PË±À®å^aÀ£ÀÄß °ÉaÑ,ÄÄ^aÀ
«©ü£Àß ^aÀiÁUÀð^aÁVzÉ.

• UÀÄA¥ÀÄ DzsÁjvÀ
ZÀÄ^aÀnPÉUÀ¼À ^aÀÄÆ®PÀ
^aÀåQÛUÀ½UÉ ,À°ÁAiÀÄ
^aÀiÁqÀÄ^aÀ ^aÀÄvÀÄÛ eÁÕ£À

Characteristics of Social Group Work

ÀÈAzÀUÀvÀ ,ÀÀiÁdPÁAiÀÄðzÀ ®PÀëtUÀ¼ÀÄ

- Multiple relationships
- Multi-person process (worker to member, worker to group, member to member and member to group).
- Strengthening human capacities.
- Use of programme media such as play, discussion, arts and crafts, music, dance, drama, role play.
- Utilization of non-verbal communication,
- Participation
- Exposure
- Acquisition
- Group work is practiced by group worker.
- Based on humanitarian philosophy.
- It gives aspiration to help each other.
- It develop human personality.
- Membership in the group

- §°ÄÄ ,ÀA§AzsÀUÀ¼ÄÄ
- §°ÄÄ ªÀåQÛUÀ¼Ä ¥ÀæQæAiÉÄ
- ªÀiÁ£ÀªÀ£À ,ÁªÀÄxÀåðUÀ¼Ä£ÄÄß
ªÀÈçüPªÀiÁqÀÄªÀÅzÄÄ
- PÁAiÀÄðPÀæªÀÄ ªÀiÁzsÀªÀÄUÀ¼Ä
§¼ÄPÉ
- ªÀiËTPÀªÀ®èzÀ ,ÀAªÀ°À£ÀzÀ §¼ÄPÉ
- ¨sÁUÀªÀ»ÄÄ«PÉ
- ,ÁéçüÃ£À¥Àr¹PÉÆ¼ÄÄî«PÉ
- UÄÄA¥ÀÄ PÉ® ,ÀªÀ£ÄÄß UÄÄA¥ÀÄ
PÉ® ,ÀUÁgÀjAzÀ C¨sÁå ,À
ªÀiÁqÀ-ÁUÄÄvÀÛzÉ.
- ªÀiÁ£À«ÃAiÄÄ vÀvÀÛé±Á ,ÀÛæªÀ£ÄÄß
DzsÀj¹zÉ.
- EzÄÄ ¥ÀgÀ ,ÀàgÀ ,À°ÁAiÄÄ ªÀiÁqÀÄªÀ
DPÁAPÉëAiÄÄ£ÄÄß ¢ÃqÀÄvÀÛzÉ.

Objectives of Group Work

1. To provide a safe and supportive environment for group members to share their experiences and feelings.